

Content children should know by Grade.

Each builds on the previous year, so by the end of 7th Grade, all are known or at least familiar.

PRAYERS	BIBLE References	TRADITION & LITURGY
Pre-K: Sign of the Cross Grace before Meals Glory Be Guardian angel Prayer	Creation Good Shepherd	Going to Mass Praying
K: Our Father Grace after Meals	Nativity	Bible Made in Image of God
1: Hail Mary	Annunciation Feeding the 5000	Angels Heaven
2: Act of Contrition	Last Supper 10 Commandments Buried Treasure Parable Good Samaritan	Parts of the Mass Rite of Reconciliation
3: Apostles Creed Rosary	Great Commandment Abraham's Test Calming of the Sea Mustard Seed	Trinity 2 Parts of the Bible
4: Hail Holy Queen	Noah & the Flood Moses & Passover King Solomon	Ash Wednesday Conscience & Sin
5: Divine Praises	Adam & Eve Baptism of Jesus Crucifixion	7 Sacraments Sacramentals Immaculate Conception
6: Nicene Creed Stations of the Cross	Resurrection 10 Commandments Beatitudes	Devotions Saints Holy Days of Obligation
7: Prayer of the Holy Spirit Angelus	Moses & the Burning Bush Jesus makes Peter Pope	Guidelines of the Church Incarnation

Grace - types

Pre-K Prayers

The Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.

Prayer Before Meals

Bless us, O Lord and these your gifts,
which we are about to receive from your
bounty,
through Christ, our Lord.
Amen.

The Glory Be

Glory be to the Father,
and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and
ever shall be,
world without end. Amen.

Guardian Angel Prayer

Angel of God, my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen.

Kindergarten Prayers

Prayer After Meals

We thank you for all you give us,
almighty God, who live and reigns
forever and ever. Amen.

Our Father, who art in heaven,
hallowed be your name.
Your kingdom come, your will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses as we
forgive those who trespass against us.
Lead us not into temptation,
but deliver us from evil. Amen.

Our Father

1st Grade Prayers

Hail Mary

Hail Mary, full of grace.
The Lord is with You.
Blessed are you among women
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

2nd Grade Prayers

Prayer of Sorrow

O my God, I am sorry for my sins.
In choosing to sin and failing to do
good,
I have sinned against You and Your
Church.
I firmly intend, with the help of Your
Son,
to do penance and to sin no more.
Amen.

Act of Contrition

My God, I am sorry for my sins
with all my heart.
In choosing to do wrong and failing to
do good,
I have sinned against You, whom I
should love above all things. I firmly
intend, with Your help, to do penance,
to sin no more,
and to avoid whatever leads me to sin.
Our Savior, Jesus Christ,
suffered and died for us.
In His name, my God, have mercy.
Amen.

Either of these prayers may be used in Reconciliation as the Act of Contrition.
There are several more versions, also accepted, which are not listed here.

3rd Grade Prayers

Praying the Rosary

Begin with the Sign of the Cross. Holding the crucifix, pray the Apostles Creed.
On the first bead, pray the Our Father. On the next three beads, pray a Hail Mary.
Conclude with a Glory Be to the Father.

Announce the Mystery from the set for this day. The Mysteries recall important
events in the life of Jesus. Each day of the week has its own set of Mysteries to think
about as we pray each decade of the rosary.

Begin the first decade with an Our Father on the next bead. On each of the next
ten beads, pray the Hail Mary. At the end of the ten beads, pray the Glory Be to the
Father. This ends each decade. Go on to the next bead and announce the second
mystery, pray the Our Father, and so on.

Each set of one Our Father, ten Hail Marys, and one Glory Be to the Father is
called a decade.

After 5 decades, you have completed the circle of beads. Then pray the Hail,
Holy Queen to complete the Rosary.

Apostles Creed

I believe in God, the Father Almighty,
Creator of heaven and earth;
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary, suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into hell; the third day

He rose again from the dead.
He ascended into heaven, sits at the right hand of God,
the Father almighty.
From thence He shall come to judge the living and the dead.
I believe in the Holy Spirit, the Holy Catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body and life everlasting. Amen.

The Mysteries of the Rosary

Joyful Mysteries

Monday

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding our Lord in the Temple

Sorrowful Mysteries

Tuesday & Friday

1. The Agony in the Garden
2. The Scourging of Jesus
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

The Glorious Mysteries

Wednesday & Saturday

1. The Resurrection

2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption of Mary
5. The Crowning of Mary as Queen of Heaven

The Luminous Mysteries

Thursday

1. The Baptism of Jesus
2. The Wedding of Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist

4th Grade Prayers

Hail Holy Queen

Hail holy Queen, Mother of Mercy!
Our life, our sweetness, and our hope.
To you do we cry, the poor banished children of Eve.
To you do we send up our sighs,
mourning and weeping, in this valley of tears.
Turn then, most gracious advocate,
your eyes of mercy toward us; and after this, our exile,
show to us the blessed fruit of your womb, Jesus.
O clement, O loving, O sweet Virgin Mary.
Pray for us, O holy mother of God, that we may be made worthy of the promises of Christ.
Amen.

5th Grade Prayers

The Divine Praises

Blessed be God.
Blessed be his Holy Name.
Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.
Blessed be his most Sacred Heart.
Blessed be his most Precious Blood.
Blessed be Jesus in the most holy sacrament of the altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in his angels and in his saints.
6th Grade Prayers

The Nicene Creed

We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is seen and unseen.
We believe in one lord, Jesus Christ,
the only Son of God, eternally begotten of the father,
God from God, Light from Light, true God from true God,
begotten, not made, one in Being with the Father.
Through him all things were made.
For us men and for our salvation,
He came down from heaven: by the power of the Holy Spirit
He was born of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate;
He suffered, died, and was buried.
On the third day he rose again in fulfillment of the Scriptures;
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.

Stations of the Cross

1. Jesus is condemned to death
2. Jesus takes up his cross
3. Jesus falls the first time
4. Jesus meets his mother

5. Simon helps Jesus carry his cross
6. Veronica wipes the face of Jesus
7. Jesus fall the second time
8. Jesus meets the women of Jerusalem
9. Jesus falls the third time
10. Jesus is stripped of his garments
11. Jesus is nailed to the cross
12. Jesus dies on the cross
13. Jesus is taken down from the cross
14. Jesus is laid in the tomb
15. Jesus is raised from the dead

7th Grade Prayers

Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful.
And kindle in them the fire of your love.
Send forth your Spirit and they shall be created.
And you will renew the face of the earth.
Amen.

The Angelus

The Angel of the Lord declared unto Mary.
And she conceived of the Holy Spirit.
Hail Mary...
Behold the handmaid of the Lord.
Be it done to me according to your word.
Hail Mary...
And the Word was made flesh.
And dwelt among us.
Hail Mary...
Pray for us, O holy Mother of God,
That we may be made worthy of the promises of Christ.
Hail Mary...

Let us pray:
Pour forth, we beseech you, O Lord,
your grace into our hearts,
that we, to whom the incarnation of Christ, your Son,
was made known by the message of an angel
may, by His passion and cross,
be brought to the glory of His resurrection,
through the same Christ, our Lord.
Amen.